

CF Learning  
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# **The Place of Trauma**

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# Mato Wanbli - 1850s

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# Huwegahan – 1870s

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- Creating a group of people with identical interests.

# Colonization

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A social criticism describing  
a manipulated understanding  
of the experience of Indigenous people  
by western society.

-Dr. Eduardo Duran

**POST-COLONIAL:**

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- A cumulative
- emotional, psychological, social, and spiritual wounding
- over the life-span and across generations
- resulting from massive group trauma.

-Dr. Maria Brave Heart

# **Intergenerational Trauma**

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- A cumulative
- emotional, psychological, social, and spiritual wounding
- over the life-span and across generations
- resulting from massive group trauma.

-Dr. Maria Brave Heart

**Complex post-traumatic  
stress response.**

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1948 Geneva definition  
of Genocide:

intent to destroy a  
national, ethnic,  
racial, or religious  
group.



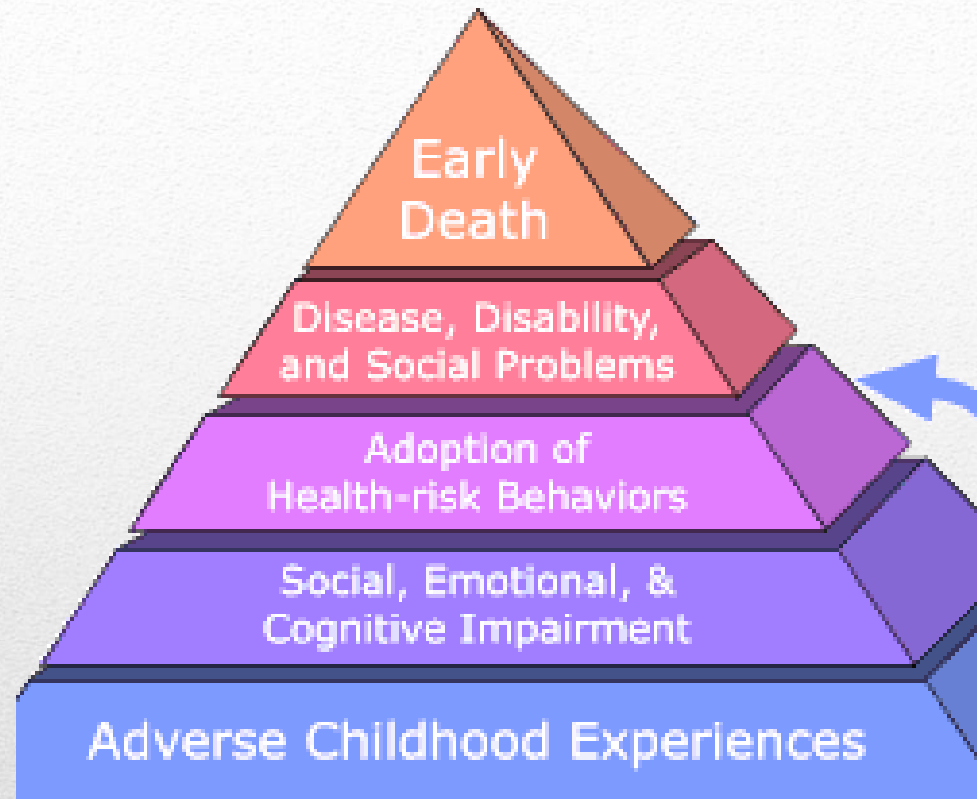
# Intergenerational Trauma

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## KINDS OF TRAUMA

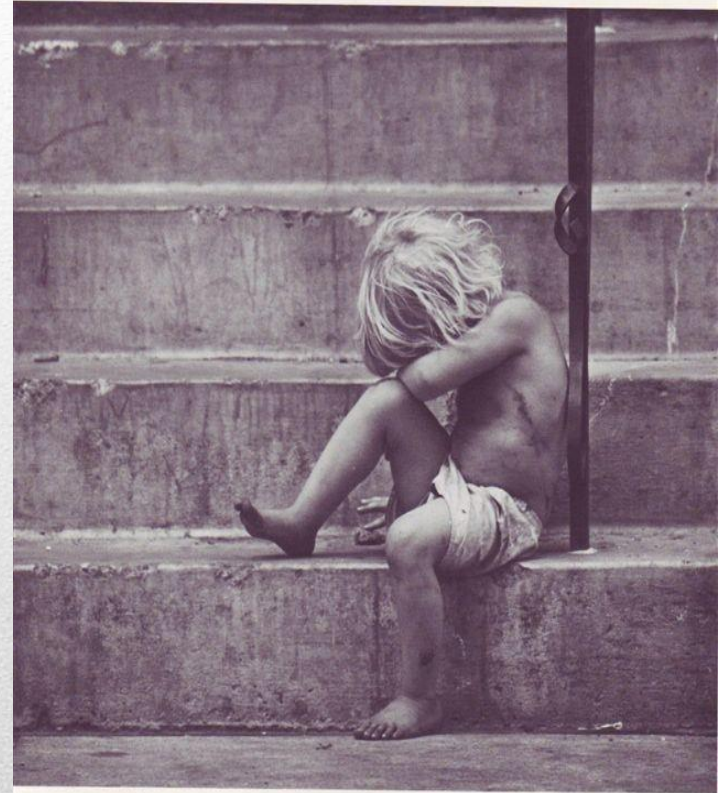
1. Addiction
2. Abuse
3. Domestic Violence
4. Incarceration
5. Neglect



# Adverse Childhood Experiences

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- Generates grief which is not
  1. expressed,
  2. acknowledged, nor
  3. resolved.



# Intergenerational Trauma

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## Epi-genetics (*above genetics*)

Non-genetic factors  
change how genetics  
“express themselves.”

# Trauma in Aboriginal Life


# Trauma in Aboriginal Life

<b>HISTORY</b>		
1. Federal laws		
2. Provincial policy		
3. Residential schools		
4. Institution of the Church		

# Trauma in Aboriginal Life

<b>HISTORY</b>	<b>POVERTY</b>	
1. Federal laws	1. Housing	
2. Provincial policy	2. Health and nutrition	
3. Residential Schools	3. Education	
4. Institution of the Church	4. Employment	

# Trauma in Aboriginal Life

<b>HISTORY</b>	<b>POVERTY</b>	<b>OPPRESSION</b>
1. Federal laws	1. Housing	1. Social
2. Provincial policy	2. Health and Nutrition	2. Systems
3. Residential Schools	3. Education	3. Professional
4. Institution of the Church	4. Employment	4. Internalized

# **Rupert Ross: *Criminal Conduct and Colonization.***





- Child Neglect and Abuse
- Incarceration
- Early Death
- Violence
- Addiction
- Suicide



# **Symptoms of Trauma in Aboriginal Life**

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What  
happened to  
you?

---NOT---

What's  
wrong with  
you?



# Trauma Informed Practice

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- Judges take judicial notice of the broad systemic and background factors affecting aboriginal people, and of the priority given in aboriginal cultures to a restorative approach to sentencing.

# Gladue Decision 2012

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1. See own, and inherited pain.
2. Know and express your own suffering.
3. Self-critique and self-improve.
4. Reclaim Aboriginal spirituality, community & culture.
5. Forgive.

# **The Tasks for Aboriginal People**

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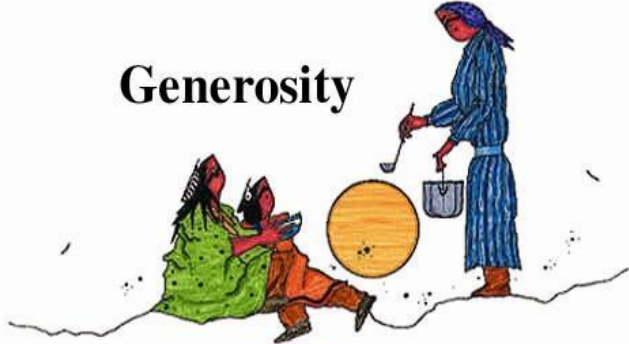
- 1. Self-reflect to lose White innocence.
- 2. Accept historical violence.
- 3. Admit the full equality of Aboriginal people and ways.

-Dr. Paulette Regan

# Non-Aboriginal Decolonization

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**Generosity**



**Independence**



**Belonging**



**Mastery**

