



Two Worlds

Two Worlds



WHITE



ABORIGINAL

ABORIGINAL

CORE MODEL



CONTINUUM MODEL

1. TRADITIONAL

CONTINUUM MODEL

1. TRADITIONAL
2. TRANSITIONAL

CONTINUUM MODEL

1. TRADITIONAL
2. TRANSITIONAL
3. BICULTURAL
4. MARGINAL--- FREE; DEFENSIVE-ID; BROKEN FAMILY TIES
5. FULLY ACCULTURATED


CONTINUUM MODEL

1. TRADITIONAL
2. TRANSITIONAL
3. BICULTURAL --- INTEGRITY, GOOD LIFE
4. MARGINAL--- FREE; DEFENSIVE-ID; BROKEN FAMILY TIES
5. FULLY ACCULTURATED

CONTINUUM MODEL



LAKOTA IDENTITY

- 
1. *WAKAWICONI* – SURVIVE ON THE LAND
 2. OBSERVE SPIRITUAL/CULTURAL RULES
 3. KEEP ALL SOCIAL/SPIRITUAL TIES

LAKOTA IDENTITY



Tradition as Therapy

1. Traditional
2. Transitional
3. Bicultural
4. Marginal
5. Acculturated



Tradition as Therapy

- 1970s - Women Therapists
- 85% of conditions due to feminine power
- Feminism as Therapy

Tradition as Therapy

- 1970s - Women Therapists
- 85% of conditions due to feminine power
- Feminism as Therapy
- Aboriginal Therapists
- Conditions due to cultural stress?
- Tradition as Therapy

Tradition as Therapy

- The Red Road to Sobriety – Gene Thin Elk
- *Oyate Wanji*
- Sioux Falls Lakota Youth Programme

Examples of Tradition as Therapy



**Becoming who we are
meant to be**
