Positive Youth Culture

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YOUTH POSITIVE CULTURE
Kaua’i Study in 1950s
RIGHT UNDERSTANDING - MIND
RIGHT WILL - HEART
RIGHT PRACTICES – HANDS

YOUTH POSITIVE CULTURE
The Circle of Courage
WHY PERSIST IN SELF DEFEATING BEHAVIOR?
1. CRITICAL LIFE EVENTS – what’s happened?
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2. INTERPRETED IN PRIVATE LOGIC – what does this mean to me?
1. CRITICAL LIFE EVENTS – what’s happened?
2. INTERPRETED IN PRIVATE LOGIC – what do I understand?
3. FORMS PERSONAL COPING STRATEGY – this makes sense to me!
RESILIENCE VS. AT-RISK
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1. Focus on wellness
1. Focus on pathology
RESILIENCE VS. AT-RISK

1. Focus on wellness
2. Examine youth’s total environment

1. Focus on pathology
2. Look at only the youth
RESILIENCE VS. AT-RISK

RESILIENCE

1. Focus on wellness
2. Examine youth’s total environment
3. Prevent Problems

AT-RISK

1. Focus on pathology
2. Look at only the youth
3. Treat Problems
RESILIENCE VS. AT-RISK

1. Focus on wellness
2. Examine youth’s total environment
3. Prevent Problems
4. Use Protection Factors

1. Focus on pathology
2. Look at only the youth
3. Treat Problems
4. Fix the deficiency
PROTECTION FACTORS
“Every child deserves to have at least one adult who is absolutely crazy about him or her.”

• Yuri Branfrenbrenner

A HEALTHY ECOLOGY
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1. FAMILY
   - Strong parental bonds
   - Consistent discipline
A HEALTHY ECOLOGY

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   • Strong parental bonds
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2. PEERS
   • Peer acceptance
   • Pro-social values
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3. School
   - School Success
   - Supportive teachers
1. FAMILY
   • Strong parental bonds
   • Consistent discipline

2. PEERS
   • Peer acceptance
   • Pro-social values

3. SCHOOL
   • School Success
   • Supportive Teachers

4. COMMUNITY
   - Care & Support
   - High Hopes

A HEALTHY ECOLOGY
SEVEN QUALITIES OF RESILIENCE

- Steven Wollin, MD
1. Insight- I know what’s going on
SEVEN QUALITIES OF RESILIENCE

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2. Independence - selective disengagement
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3. Relationships – outside family
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4. Initiative- I work for what I want
SEVEN QUALITIES OF RESILIENCE

1. Insight- I know what’s going on
2. Independence -selective disengagement
3. Relationships – outside family
4. Initiative- I work for what I want
5. Creativity – deep communication
SEVEN QUALITIES OF RESILIENCE

1. Insight- I know what’s going on
2. Independence - selective disengagement
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5. Creativity – deep communication
6. Humour – strategic decompression
SEVEN QUALITIES OF RESILIENCE

1. Insight- I know what’s going on
2. Independence – selective disengagement
3. Relationships – outside family
4. Initiative- I work for what I want
5. Creativity – deep communication
6. Humour – strategic decompression
7. Morality- I know right from wrong
ADULTS KNOWING HOW TO ATTACH
RESPECTFUL VS. HOSTILE
1. Trust – the adult cares and can help

1. Distrust – adult can’t help and doesn’t care

RESPECTFUL VS. HOSTILE
RESPECTFUL VS. HOSTILE

1. Trust – the adult cares and can help
2. Cooperation – work toward same goal

1. Distrust – adult can’t help and doesn’t care
2. Antagonism – adult wants control
RESPECTFUL VS. HOSTILE

1. Trust – the adult cares and can help
2. Cooperation – work toward same goal
3. Engagement – respect increases bond and communication

1. Distrust – adult can’t help and doesn’t care
2. Antagonism – adult wants control
3. Detachment – hostility creates distance
A Youth Positive Culture