

Positive Youth Culture

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YOUTH POSITIVE CULTURE

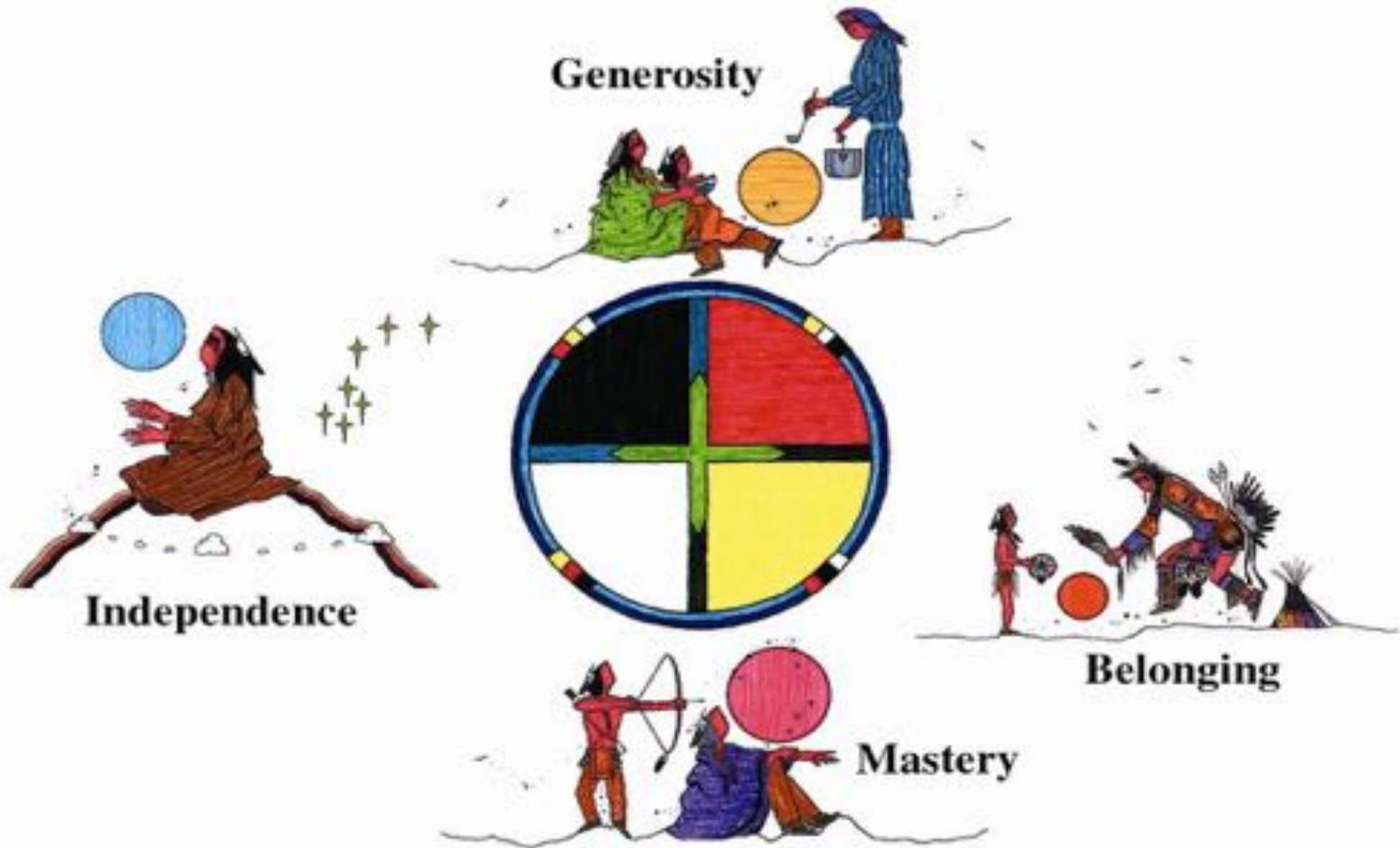


Kaua'i Study in 1950s

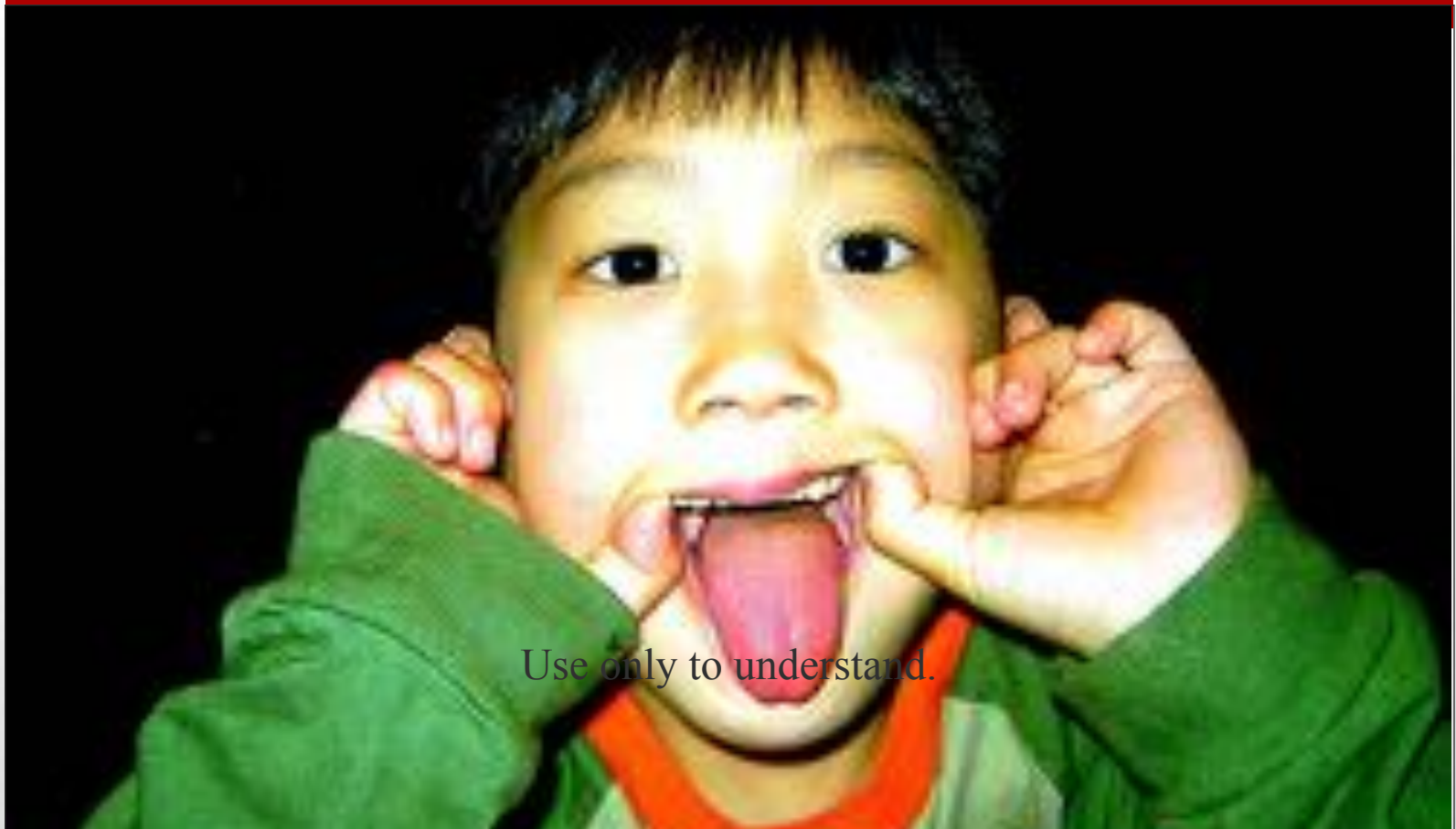


RIGHT UNDERSTANDING - MIND
RIGHT WILL - HEART
RIGHT PRACTICES – HANDS

YOUTH POSITIVE CULTURE



The Circle of Courage



Use only to understand.

WHY PERSIST IN SELF DEFEATING BEHAVIOR?



1. CRITICAL LIFE EVENTS –
what's happened?

Investigate



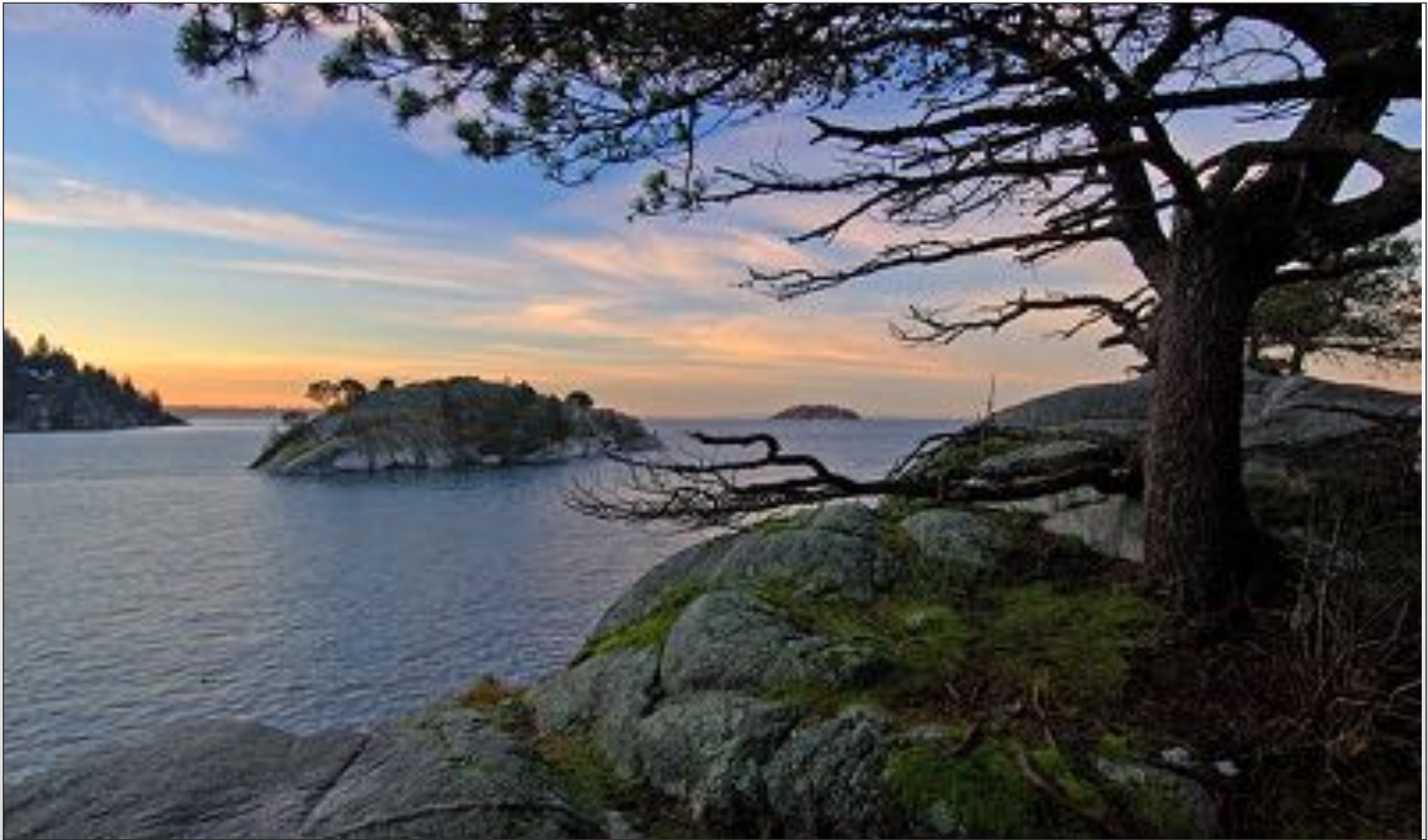
1. CRITICAL LIFE EVENTS –
what's happened?
2. INTERPRETED IN PRIVATE
LOGIC –
what does this mean to me?

Investigate



1. CRITICAL LIFE EVENTS –
what's happened?
2. INTERPRETED IN PRIVATE
LOGIC –
what do I understand?
3. FORMS PERSONAL COPING
STRATEGY – this makes
sense to me!

Investigate




RESILIENCE VS. AT-RISK



1. Focus on wellness


1. Focus on pathology

RESILIENCE VS. AT-RISK

- 
1. Focus on wellness
 2. Examine youth's total environment

1. Focus on pathology
2. Look at only the youth

RESILIENCE VS. AT-RISK

- 
1. Focus on wellness
 2. Examine youth's total environment
 3. Prevent Problems

1. Focus on pathology
2. Look at only the youth
3. Treat Problems

RESILIENCE VS. AT-RISK

1. Focus on wellness
2. Examine youth's total environment
3. Prevent Problems
4. Use Protection Factors

1. Focus on pathology
2. Look at only the youth
3. Treat Problems
4. Fix the deficiency

RESILIENCE VS. AT-RISK



PROTECTION FACTORS

- Yuri Branfrenbrenner

“Every child deserves to have at least one adult who is absolutely crazy about him or her.”

A HEALTHY ECOLOGY

- 1. FAMILY
 - Strong parental bonds
 - Consistent discipline

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1. FAMILY

- Strong parental bonds
- Consistent discipline

2. PEERS

- Peer acceptance
- Pro-social values

• 3. SCHOOL

- School Success
- Supportive Teachers

4. COMMUNITY

- Care & Support
- High Hopes

A HEALTHY ECOLOGY

SEVEN QUALITIES OF RESILIENCE

- Steven Wollin, MD

SEVEN QUALITIES OF RESILIENCE

1. Insight- I know what's going on

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 6. Humour – strategic decompression
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 4. Initiative- I work for what I want
 5. Creativity – deep communication
 6. Humour – strategic decompression
 7. Morality- I know right from wrong
-

ADULTS KNOWING HOW TO ATTACH



RESPECTFUL VS. HOSTILE

1. Trust – the adult cares
and can help

1. Distrust –adult can't
help and doesn't care

RESPECTFUL VS. HOSTILE

1. Trust – the adult cares and can help

2. Cooperation- work toward same goal

1. Distrust –adult can't help and doesn't care

2. Antagonism – adult wants control

RESPECTFUL VS. HOSTILE

1. Trust – the adult cares and can help
2. Cooperation- work toward same goal
3. Engagement- respect increases bond and communication-

1. Distrust –adult can't help and doesn't care
2. Antagonism – adult wants control
3. Detachment- hostility creates distance-

RESPECTFUL VS. HOSTILE



A Youth Positive Culture
